



Aspley Medical centre

Patient News Letter

Issue 2

Please take one

Welcome to the second edition of our newsletter!!

First of all we would like to say a big Thank you for all of the kind thoughts and gifts that were given to us by our patients over the festive period and hope you all had a great Christmas and are looking forward to the new year 2013.

Get involved

Your feed back on our services is important to us we always welcome your views and it helps us to improve our services we provide.

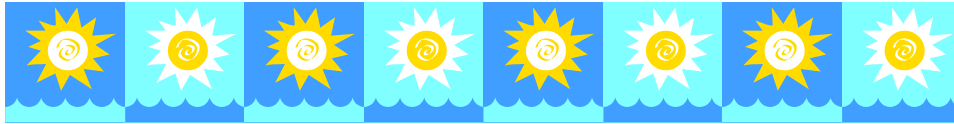
If you would like to give feed back we would love to hear from you, you could E-mail us at aspleymedicalcentre@nhs.net. Or contact us through the surgery on 9292700 to give us your views and experiences.

Did you know that we have a patient group meeting here at Aspley Medical centre?

If you would like to take part please ask at reception or speak to the practice manager.

For more details of our surgery and other information on our services please visit the website at www.aspleymedicalcentre.co.uk





Minor Illness – Nurse appointment's

As you may have noticed from the posters up in the surgery
Our nurses can see patient's for **MINOR ILLNESS** there is a list
up in reception and in each waiting room with a guide as to what
illnesses the nurses can see.

When you call for an appointment you may be asked for a brief
description of your symptoms so that the receptionist can make
the correct appointment for you.

By doing this we will be able to offer you an appointment when
you need it and the nurse will be able to see more people in the
surgery.



Pharmacy First

There is also the pharmacy first scheme for minor
illnesses that may mean you wont need an appointment
at all, this is a FREE service run by the local chemist
that deals with lots of different ailments.

For more information or to sign up to the scheme
please contact your local chemist or call into surgery
and pick up a leaflet

1 in 4 people who go to A&E don't need to be there

An emergency is a serious injury or life threatening problem for example chest pain, collapse or unconsciousness , in an emergency you should go to your nearest hospital A&E department or call 999 for an ambulance.

If you don't feel that it is an emergency calling 111, your GP Practice or attending a Walk in centre will mean that you will be able to get the correct treatment or advice for your problem at the right place.



NHS Walk in centre's – No appointment needed

You can see an experienced nurse for the treatment of minor injuries and illnesses without an appointment. Walk in centres are open every day of the year

Nottingham NHS walk in centre
Seaton house ,London road, Nottingham NG2 4IA
7am – 9 pm 7 days a week

Health centre – Both drop in and appointment services
79a Upper Parliament street ,City centre Nottingham NG1 6LD
8am – 8 pm 7 days a week

